

PROGRAMS:



Girl Scouts

Inclusive girls troop tailored to individual needs. Snacks and activities are free. -2nd Tuesday 5:30-7PM

Best Buddies

Best Buddies program creates inclusive, supported travel experiences that bring people together, build confidence, and create lifelong friendships.

This program is for 18 years and older.

Second Thursday of each month at various locations on UNL campus

Friends Club

All-inclusive club for all adults with disabilities. This club provides fellowship and fun while serving our community. -

Second Friday of each month 6:30-7:30pm

The Honeycomb Club

A Social Club for middle/high schoolers to come and be them!

This club provides belonging, connection, growth and fun!

Third Thursday of each month 4PM-5:30 PM.

Parenting Network Group

For Parents/Guardians of an individual with IDD.

Last Tuesday of each month 5:30PM-7:00 PM.

Come Together

Adult Social Club - Last Friday of each month 5:30-7pm

Self Advocacy:

People First & Aktion Club

Self Advocacy and Service Club For Adults with Disabilities - Meets 2nd Saturday of each month at 10:30-12 PM Location: The Arc of Lincoln Office:

5200 Francis call 402-421-8866